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Association between manganese superoxide dismutase (MnSOD) Val-9Ala polymorphism and cancer risk – A meta-analysis

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ABSTRACT

A growing body of evidence suggests that reactive oxygen species (ROS) play an important role in human cancers. Manganese superoxide dismutase (MnSOD) is the major antioxidant in the mitochondria, catalysing the dismutation of superoxide radicals to form hydrogen peroxide. Since the identification of a well-characterised functional polymorphism, Val-9Ala of MnSOD, a number of molecular epidemiological studies have evaluated the association between Val-9Ala and cancer risk. However, the results remain conflicting rather than conclusive. This meta-analysis on 15,320 cancer cases and 19,534 controls from 34 published case-control studies shows no significant overall main effect of MnSOD Val-9Ala on cancer risk. However, we found that the MnSOD 9Ala allele was associated with an increased prostate cancer risk (Val/Ala versus Val/Val: odds ratio (OR) = 1.1; 95% confidence intervals (CI): 1.0–1.3; Ala/Ala versus Val/Val: OR = 1.3; 95% CI: 1.0–1.6; Val/Ala + Ala/Ala versus Val/Val: OR = 1.2; 95% CI: 1.0–1.3). In addition, we found that the MnSOD Ala-9Ala genotype contributed to an increased breast cancer risk in premenopausal women who had low consumption of antioxidants (Ala/Ala versus Val/Ala + Val/Val: OR = 2.6, 95% CI: 1.0–6.4 with low vitamin C consumption; OR = 2.1, 95% CI: 1.3–3.4 with low vitamin E consumption and OR = 2.9, 95% CI: 1.5–5.7 with low carotenoid consumption). These results suggest that the MnSOD Val-9Ala polymorphism may contribute to cancer development through a disturbed antioxidant balance.

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1. Introduction

A growing body of evidence suggests that reactive oxygen species (ROS) play an important role in the development of human cancers.^{1–3} Oxidative stress can result in DNA breakage, lipid peroxidation, protein modification, membrane dis-

ruption, as well as mitochondrial damage.^{4,5} Oxidative damage to DNA followed by mutations and alterations in gene expression is the principal mechanism by which ROS contributes to carcinogenesis.^{1,6} A number of antioxidant enzymes are involved in the scavenging of ROS, including the superoxide dismutase (SOD) family members (e.g. Mn, Cu

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and ZnSOD). These enzymes catalyse the dismutation of ROS to form hydrogen peroxide (H_2O_2), which is further detoxified to water, by glutathione peroxidase (Fig. 1, modified from Li et al. 7).

MnSOD is the only SOD essential for life,⁸ and the major antioxidant in the mitochondria involved in the defence against ROS-induced oxidative damage.⁹ There is accumulating evidence linking the mitochondria in general, and MnSOD in particular, to the development of different kinds of cancer.¹⁰ The MnSOD precursor protein is synthesised in the cytoplasm with a cleavable, N-terminal mitochondrial targeting sequence (MTS). The 24 amino acid long MnSOD/MTS¹¹ drives the mitochondrial import of MnSOD precursor through the translocase of the outer and inner membranes.¹² A human genetic polymorphism at codon 16 of MnSOD/MTS leads to a substitution from alanine (Ala) to valine (Val) at position-9 of the mature protein (Val-9Ala, rs4880).¹³ The MnSOD Val-9Ala polymorphism was reported to be functional in affecting the transport of the enzyme into the mitochondria with the Ala variant, accounting for a more efficient importation.¹⁴

A number of molecular epidemiological studies have been conducted to examine the association between MnSOD Val-9Ala and cancer susceptibility,^{7,10,15–46} but the results remain inconsistent. To estimate the overall risk of MnSOD Val-9Ala association with cancer risk and to quantify the potential between-study heterogeneity, we conducted a meta-analysis on 34 published case-control studies with 15,320 cancer cases and 19,534 controls.

2. Materials and methods

2.1. Identification and eligibility of relevant studies

We attempted to include all the case-control studies published to date on the association between MnSOD Val-9Ala and cancer risk. Eligible studies were identified by searching the electronic literature PubMed for relevant reports (last search update September 2008, using the search terms 'MnSOD and polymorphism and cancer'). Additional studies were identified by hands-on searches from references of original studies or review articles on this topic. If studies had partly overlapped subjects, only the one with a larger and/or the latest sample size was selected for the analysis.

2.2. Data extraction

Two investigators independently extracted data and reached a consensus on all of the items. Data extracted from these articles included the first author's name, year of publication, country of origin, type of cancer, number of cases and controls, genotype frequencies for cases and controls, characteristics of cancer cases and controls, ethnicity and antioxidant intake.

2.3. Meta-analysis

The risk of cancer associated with MnSOD Val-9Ala was estimated for each study by odds ratios (ORs) with 95% confidence intervals (95%CI). For all studies, we evaluated the risk of the variant genotypes Val/Ala and Ala/Ala, compared with the wild-type Val/Val genotype, respectively. We then calculated the ORs of Val/Ala + Val/Ala versus Val/Val, and Ala/Ala versus Val/Ala + Val/Val, using both dominant and recessive genetic models of the variant Ala allele. In addition, we conducted stratification analysis by cancer types. To achieve enough statistical power, we only conducted the meta-analysis on cancer types with more than five studies; otherwise, we merged the studies into the 'other cancer' group. As a result, 13 case-control studies of breast cancer (7943 cases and 9430 controls), nine case-control studies of prostate cancer (3373 cases and 5176 controls), and 13 case-control studies of other cancers (4004 cases and 4928 controls) were available for this meta-analysis. Subgroup analyses were further performed by factors related to antioxidant status (such as vitamin C, vitamin E and carotenoid consumption) whenever possible. The χ^2 -based Q statistic test was used for the assessment of heterogeneity, and it was considered significant for $P < 0.05$. We used the fixed-effects model and the random-effects model based on the Mantel-Haenszel method and the DerSimonian and Laird method, respectively, to combine values from each of the studies. When the effects were assumed to be homogeneous, the fixed-effects model was then used; otherwise, the random-effects model was more appropriate. The Egger's test and inverted funnel plots were utilised to provide diagnosis of publication bias (linear regression analysis⁴⁷). All analysis was done by using the Statistical Analysis System software (v.9.1.3, SAS Institute, Cary, NC) and Review Manage (v.4.2). All the P values were two-sided.

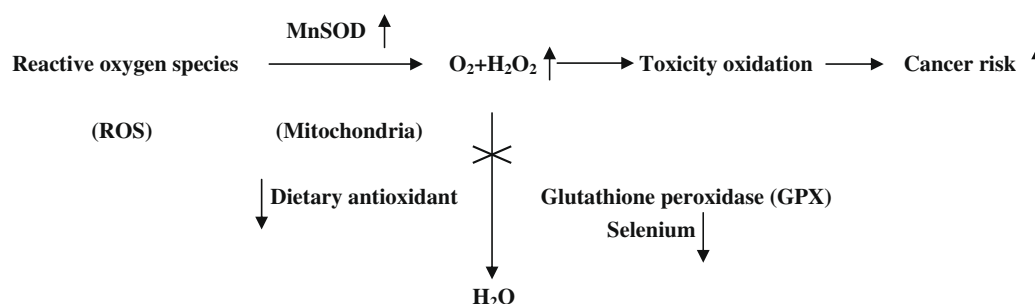


Fig. 1 – Potential mechanism for the interaction between MnSOD and antioxidant status in cancer development (modified from Li et al. 7). In mitochondria, the ROS is dismutated by MnSOD into oxygen and hydrogen peroxide (H_2O_2), which is further detoxified to water (H_2O) by mitochondrial glutathione peroxidase (an enzyme requiring selenium). High levels of MnSOD expression may lead to increased O_2 and H_2O_2 , and induce toxicity if glutathione peroxidase activity is low due to inadequate selenium or dietary antioxidant intake.

Table 1 – Characteristics of published studies included in the meta-analysis.

Author (ref)	Year	Origin	Type of cancer	Sample size (case/control)	HWE	MAF in controls	Power (%) ^b	Data available ^d	Genotypic ORs ^e		
									Homozygotes	Heterozygotes	
Ambrosone CB ¹⁰	1999	United States	Breast	266/295	0.012	0.50	18.9	66.2	Yes	2.3	1.3
Mitrunen K ¹⁵	2001	Finland	Breast	479/482	0.527	0.44	29.1	88.1	No	1.3	1.2
Green H ¹⁶	2002	UK	Breast	39/36	0.175	0.47	6.8	14.0	No	0.92	0.48
Egan KM ¹⁷	2003	United States	Breast	470/497	0.446	0.50	29.3	88.0	No	1.2	1.3
Millikan RC ¹⁸	2004	United States	Breast	2025/1812	0.075	0.48	80.3	100.0	No	0.94	0.97
Cai Q ¹⁹	2004	Shanghai	Breast	1125/1197	0.890	0.14	34.9	95.2	Yes	1.3	0.98
Tamimi RM ²⁰	2004	United States	Breast	968/1205	0.584	0.50	55.8	99.7	Yes	0.96	0.89
Bergman M ²¹	2005	Sweden	Breast	118/174	0.879	0.50	11.8	38.9	No	0.36	1.1
Gaudet MM ²²	2005	USA and Japan	Breast	1034/1084	0.862	0.51	55.2	99.6	No	1.0	0.99
Cheng TC ²³	2005	Taiwan	Breast	469/739	0.322	0.14	20.3	73.0	No	1.6	1.0
Silva SN ²⁴	2006	Portugal	Breast	241/457	0.000	0.48	20.8	71.7	No	0.74	0.89
Slanger TE ²⁵	2006	German	Breast	614/1080	0.477	0.51	43.5	97.8	No	0.96	1.1
Bica CG ^{a26}	2008	Brazil	Breast	95/372	0.000	0.41	12.5	42.3	No	1.3	0.72
Woodson K ²⁷	2003	Finland	Prostate	199/191	0.330	0.48	14.6	51.2	Yes	1.7	1.1
Li H ⁷	2005	United States	Prostate	567/764	0.829	0.50	37.5	95.3	No	1.1	1.1
Kang D ²⁸	2007	United States	Prostate	1253/1797	0.428	0.48	69.6	99.9	Yes	1.3	1.2
Ergen HA ²⁹	2007	Turkey	Prostate	50/50	0.121	0.18	6.5	13.0	No	21.7	2.3
Mikhak B ³⁰	2008	United States	Prostate	642/652	0.695	0.50	37.4	95.2	No	1.1	1.0
Bica CG ^{a26}	2008	Brazil	Prostate	51/155	0.000	0.39	8.8	24.2	No	4.7	1.3
Choi JY ³¹	2008	United States	Prostate	469/1279	0.803	0.50	39.1	96.2	No	0.91	1.1
Iguchi T ³²	2008	United States	Prostate	57/137	0.106	0.51	8.8	24.2	No	2.4	1.7
Arsova-Sarafinovska Z ³³	2008	Macedonia	Prostate	85/151	0.690	0.49	10.3	31.5	No	1.2	1.4
Hirvonen A ³⁴	2002	Finland	Lung	20/63	0.248	0.52	6.3	11.6	No	1.6	1.2
Lin P ³⁵	2003	Taiwan	Lung	198/332	NA ^c	NA ^c	NA ^c	NA ^c	No	NA ^c	NA ^c
Wang LI ³⁶	2004	United States	Lung	708/861	0.912	0.52	43.2	97.7	No	0.60	0.83
Ho JC ³⁷	2006	Hong Kong	Lung	234/239	0.184	0.14	10.8	36.6	No	0.07	1.1
Hung RJ ³⁸	2004	Italy	Bladder	201/214	0.262	0.52	15.1	52.9	No	0.54	0.51
Ichimura Y ³⁹	2004	Japan	Bladder	213/209	0.882	0.13	9.9	32.2	No	0.70	0.79
di Martino E ⁴⁰	2007	UK	Oesophageal	340/93	0.171	0.42	11.8	40.1	No	1.6	1.7
Murphy SJ ⁴¹	2007	Ireland	Oesophageal	396/221	0.703	0.47	19.2	67.4	No	1.4	1.1
Li D ⁴²	2002	United States	Pancreatic	24/23	0.580	0.43	6.1	10.5	No	0.48	0.88
Martin RC ⁴³	2004	Poland	Gastric	274/361	0.000	0.44	20.1	71.4	No	1.3	1.0
Johnatty SE ⁴⁴	2007	Australia	Ovarian	543/1130	0.269	0.51	41.2	97.1	Yes	1.1	1.1
Landi S ⁴⁵	2007	Italy	MPM ^c	80/349	0.661	0.48	11.4	36.7	No	2.8	0.97
Han J ⁴⁶	2007	United States	Skin	773/833	0.549	0.51	44.5	98.1	Yes	0.94	1.0

a There were different diseases in one study.

b Power was calculated by the PS software with MAF in controls as the frequency of risk factor and OR was selected with 1.2 and 1.5 as the relative risk.

c NA: Not available, MPM: malignant pleural mesothelioma.

d The available antioxidant consumption data.

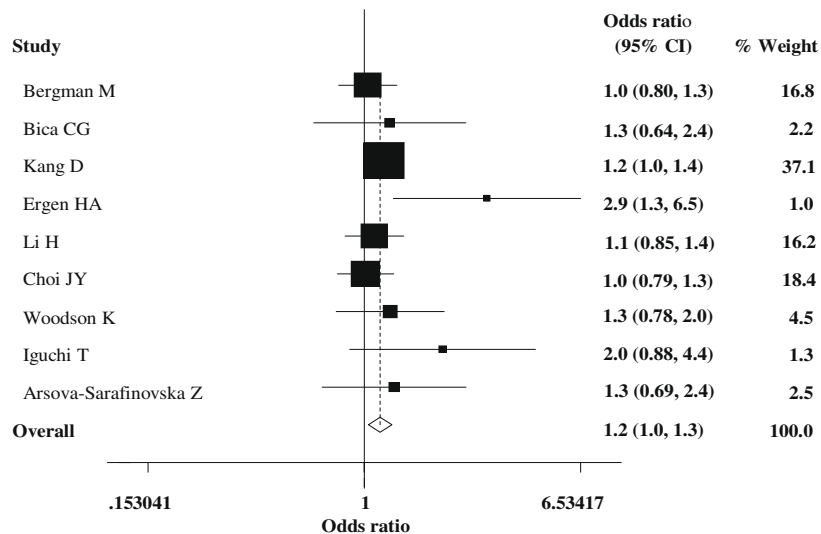
e Genotypic odds ratios for homozygotes (Ala/Ala vs Val/Val) and heterozygotes (Val/Ala vs Val/Val).

Table 2 – Summary ORs for associations between the MnSOD Val-9Ala polymorphism and cancer risk.

Comparisons	No. of cases	No. of controls	OR	95% CI	P ^a
<i>Total cancer</i>					
Val/Ala vs Val/Val	11942	15177	1.0	0.97–1.1	0.25
Ala/Ala vs Val/Val	7953	10056	1.1	0.97–1.3	0.00 ^b
Ala/Ala vs Val/Val + Val/Ala	15122	19202	1.1	0.97–1.2	0.00 ^b
Val/Ala + Ala/Ala vs Val/Val	15320	19534	1.0	0.96–1.1	0.03 ^b
<i>Prostate cancer</i>					
Val/Ala vs Val/Val	2526	3960	1.1	1.0–1.3	0.72
Ala/Ala vs Val/Val	1660	2594	1.3	1.0–1.6	0.04 ^b
Ala/Ala vs Val/Val + Val/Ala	3373	5176	1.1	0.95–1.4	0.03 ^b
Val/Ala + Ala/Ala vs Val/Val	3373	5176	1.2	1.0–1.3	0.29
<i>Breast cancer</i>					
Val/Ala vs Val/Val	6422	7678	1.0	0.94–1.1	0.27
Ala/Ala vs Val/Val	4278	5057	1.1	0.90–1.2	0.03 ^b
Ala/Ala vs Val/Val + Val/Ala	7943	9430	1.0	0.90–1.2	0.01 ^b
Val/Ala + Ala/Ala vs Val/Val	7943	9430	1.0	0.94–1.1	0.22
<i>Other cancer</i>					
Val/Ala vs Val/Val	2994	3553	0.97	0.87–1.1	0.14
Ala/Ala vs Val/Val	2015	2405	1.0	0.76–1.4	0.00 ^b
Ala/Ala vs Val/Val + Val/Ala	3086	4596	1.1	0.83–1.4	0.00 ^b
Val/Ala + Ala/Ala vs Val/Val	4004	4928	0.98	0.84–1.2	0.02 ^b

a Test for heterogeneity.

b Random-effects model was used when P value for heterogeneity test < 0.05; otherwise, fixed-effects model was used.

**MnSOD polymorphism and prostate cancer risk
(Val/Ala + Ala/Ala) vs. Val/Val****Fig. 2 – ORs (log scale) of prostate cancer associated with MnSOD Val-9Ala for the Val/Ala + Ala/Ala genotypes, compared with the Val/Val genotype.**

3. Results

The selected study characteristics are listed in Table 1. All studies indicated that the distribution of genotypes in the controls was consistent with Hardy–Weinberg equilibrium except for four studies.^{10,23,25,43} However, only one study had a statistical power over 80% when we assumed an allelic OR of 1.2.⁴⁸ The minor Ala allele frequency (MAF) was lower than 0.2 for Asian studies, while around 0.5 for Caucasus populations (Table 1).

The evaluations of the association of MnSOD Val-9Ala with cancer risk are presented in Table 2. We failed to find any significant main effects for MnSOD Val-9Ala on cancer risk in different genetic models tested. However, variant genotypes of MnSOD Val-9Ala were associated with a significantly increased risk of prostate cancer. As shown in Table 2, both variant homozygotes (Ala/Ala) and heterozygotes (Val/Ala) had significantly increased risks of prostate cancer compared with the wild-type Val/Val homozygotes (Val/Ala versus Val/Val: OR = 1.1, 95%CI: 1.0–1.3, P = 0.72 for heterogeneity test; Ala/

Table 3 – Associations between breast cancer risk and the MnSOD polymorphism, stratified by nutrient intake rich in antioxidants.

Stratified variable		Premenopausal women					Postmenopausal women				
		No. of cases	No. of controls	OR ^b	95% CI	P ^c	No. of cases	No. of controls	OR ^b	95% CI	P ^c
Vitamin C	Low consumption ^a	546	550	2.6	1.0–6.4	0.03 ^d	1142	1445	0.95	0.78–1.2	0.98
	High consumption ^a	497	517	1.4	0.85–2.2	0.90	1236	1456	1.2	0.92–1.5	0.09
Vitamin E	Low consumption ^a	520	510	2.1	1.3–3.4	0.51	869	1064	1.0	0.81–1.3	0.66
	High consumption	347	364	1.6	0.9–2.9	0.55	364	487	0.99	0.66–1.5	0.64
Carotenoids	Low consumption ^a	444	446	2.9	1.5–5.7	0.78	260	310	1.3	0.69–2.4	0.23
	High consumption ^a	437	437	1.8	0.95–3.4	0.41	293	349	1.3	0.75–2.4	0.49

a Low consumption was defined as no supplement and \leq median intake in studies; otherwise, high consumption was defined.
b The OR was obtained in the regressive model (Ala/Ala vs Val/Val + Val/Ala).
c Test for heterogeneity.
d Random-effects model was used when P value for heterogeneity test < 0.05; otherwise, fixed-effects model was used.

Ala versus Val/Val: OR = 1.3, 95%CI: 1.0–1.6, $P = 0.04$ for heterogeneity test, respectively). Significant main effects were also observed in the dominant genetic model (Val/Ala + Ala/Ala versus Val/Val: OR = 1.2, 95%CI: 1.0–1.3, $P = 0.29$ for heterogeneity test; Table 2 and Fig. 2). Because only five studies^{19,23,35,37,39} were of Asian origin, excluding and including these studies did not change the results substantially on cancer risk (OR = 1.1, 95% CI: 0.97–1.2, $P = 0.01$ for heterogeneity test in a dominant model).

Although we did not find any significant main effects for MnSOD Val-9Ala polymorphism on the risk of breast cancer (Table 2), we further performed stratified analysis according

to antioxidant intake. We were only able to extract data from three studies^{10,19,20} in a recessive genetic model, and we found that MnSOD Val-9Ala was associated with an increased risk of breast cancer among premenopausal women who had low consumption of antioxidants (OR = 2.6, 95% CI: 1.0–6.4 with low vitamin C consumption; OR = 2.1, 95% CI: 1.3–3.4 with low intake of vitamin E and OR = 2.9, 95% CI: 1.5–5.7 with low consumption of carotenoids) (Table 3 and Fig. 3).

Heterogeneity between studies was observed in overall comparisons as well as subgroup analyses. We also evaluated the source of heterogeneity in both dominant and recessive

MnSOD polymorphism and breast cancer risk (Val/Ala + Ala/Ala) vs. Val/Val

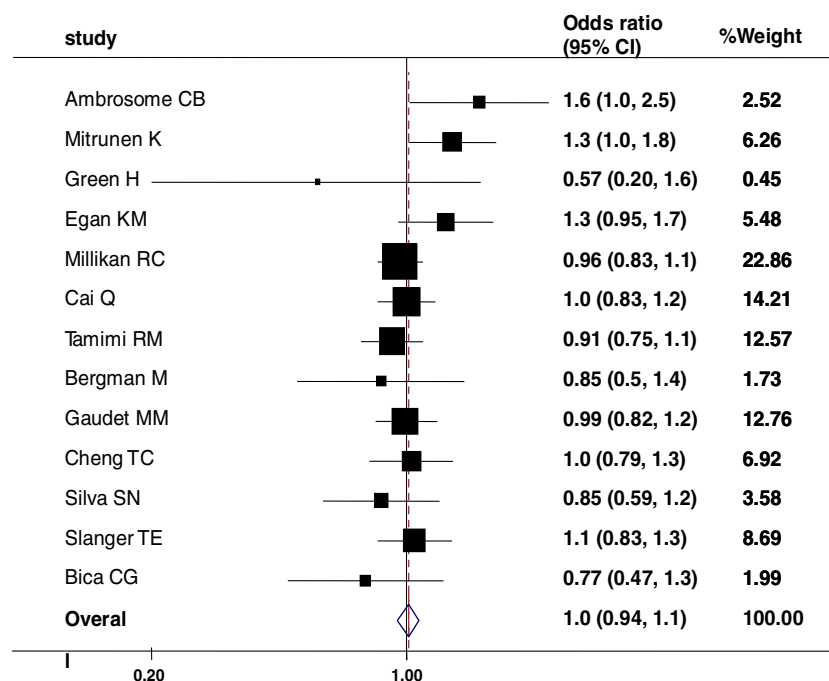


Fig. 3 – ORs (log scale) of breast cancer associated with MnSOD Val-9Ala for the Val/Ala + Ala/Ala genotypes, compared with the Val/Val genotype.

genetic models of the variant Ala allele by tumour type (prostate cancer, breast cancer and other cancer), ethnicity (Asian, European and mixed ethnicity) and study sample size (subjects more than 300 in both cases and controls or less); however, none of these contributed substantially to the heterogeneity: tumour type (in the dominant model: $\chi^2 = 3.53$, $df = 2$, $P = 0.171$; in the recessive model: $\chi^2 = 0.84$, $df = 2$, $P = 0.656$), ethnicity (in the dominant model: $\chi^2 = 1.03$, $df = 2$, $P = 0.596$; in the recessive model: $\chi^2 = 1.46$, $df = 2$, $P = 0.482$) and sample size (in the dominant model: $\chi^2 = 0.60$, $df = 1$, $P = 0.437$; in the recessive model: $\chi^2 = 2.57$, $df = 1$, $P = 0.109$). Further meta-regression analyses also revealed that none of these three factors could explain significant between-study heterogeneity in different comparisons: tumour type (in the dominant model: $P = 0.758$; in the recessive model: $P = 0.845$), ethnicity (in the dominant model: $P = 0.513$; in the recessive model: $P = 0.400$) and sample size (in the dominant model: $P = 0.928$; in the recessive model: $P = 0.172$).

We used the Egger's test to assess the publication bias of literatures on prostate cancer and breast cancer. Publication bias was observed slightly for prostate cancer ($P = 0.04$ in the dominant model and $P = 0.03$ in the recessive model) but this disappeared ($P = 0.27$ in the dominant model and $P = 0.34$ in the recessive model) when we excluded one study²⁶ with a departure from the Hardy-Weinberg equilibrium and one small study²⁹ which only had 50 cases and controls. No publication bias was observed for breast cancer ($P = 0.92$ in the dominant model and $P = 0.61$ in the recessive model).

4. Discussion

MnSOD plays a critical role in the detoxification of mitochondrial ROS, as inactivation of the *MnSOD* gene is lethal in mice.^{49–51} The region of chromosome 6q25.3, where *MnSOD* is located, is deleted in many tumours, implicating *MnSOD* as a candidate tumour suppressor gene.^{52–55} Bioinformatic analyses of the Val-9Ala polymorphism showed that the Val allele-containing precursor protein would exhibit impaired transportation (a beta-sheet conformation), while the alpha-helical structure of the Ala-containing precursor would show normal transportation.⁵⁶ Recent experiments confirmed this prediction that the Val-*MnSOD* precursor generated 30–40% less efficient transportation activity than the Ala-*MnSOD* precursor.⁵⁷ Thus, it is reasonable to hypothesise that the variant (Ala) with higher activity may suppress carcinogenesis.

However, from the present meta-analysis of 34 case-control studies, we failed to find any significant main effects for *MnSOD* Val-9Ala polymorphism on cancer risk. Unexpectedly, the variant Ala allele contributed to a significantly increased risk of prostate cancer. The variant Ala allele was also associated with increased risk of breast cancer among premenopausal women with lower antioxidant consumption. Although there is no sufficient evidence to prove the role of antioxidants in the carcinogenesis associated with the Val-9Ala polymorphism, Li et al. provided a good illustration of the higher activity variant (Ala) that contributes to an increased, rather than decreased, risk of developing prostate cancer, especially when exposed to higher ROS stress and lower antioxidant intake.⁷ As shown in Fig. 1, higher ROS

stress and *MnSOD* activity resulted in higher H_2O_2 concentration, and H_2O_2 toxicity would be more severe (as the form $\cdot OH$) with lower dietary antioxidant and glutathione peroxidase (GPX) activity.^{18,58} Our meta-analysis also supports and expands the notion to premenopausal breast cancer, but the general applicability to other cancers needs further evaluation.

It is worth emphasising that prostate cells might be more sensitive to ROS stress. *MnSOD* has been known as a tumour suppressor in prostate cancer cells,^{54,59–61} and increased levels of hydrogen peroxide (H_2O_2) have been found in prostate cancer cells⁶² and have been linked to overexpression of *MnSOD*.⁶³ H_2O_2 is a major intracellular oxidant involved in H_2O_2 -induced DNA damage in prostate cancer⁶² and in induction of genes involved in prostate carcinogenesis.^{64,65} Studies have also reported that the low soil selenium content (related to GPX activity) and probably low tomato (lycopene) consumption are inversely associated with prostate cancer risk.^{26,30} The androgen receptor (AR) is expressed in almost all prostate cancers, and the growth and proliferation of prostate cancer cells is initialised in an androgen-dependent manner.⁶⁶ El-Bayoumy et al.⁶⁷ reported that AR status may influence the effect of selenium on gene expression profile in prostate cancer, while it may induce the expressions of SOD, but they did not assure whether the oestrogen receptor had such an effect on breast cancer. Chowdhury et al.⁶⁸ reported that the level of catalase and *MnSOD* were up-regulated in prostate cancer cell lines. Klapcinska et al.⁶⁹ pointed out that castration significantly and negatively affected the antioxidant status, as evidenced by a significant decline in activities of all antioxidant enzymes, which may indirectly support the tissue specific activities of *MnSOD* and the Val-9Ala polymorphism.

Although there was a publication bias for Val-9Ala-associated prostate cancer risk, the bias disappeared when we rejected one study²⁶ that departed from the Hardy-Weinberg equilibrium and one small study²⁹ which only had 50 cases and controls. The remaining significant association ($OR = 1.1$, 95%CI: 1.0–1.3) suggested that publication bias may not influence our result substantially, if at all. Furthermore, small numbers of individuals and inconsistent stratification standards in antioxidant intake and genotypes by the published studies limited our statistical power to fully investigate the gene-nutrition interaction. Therefore, further well-designed large studies, particularly referring to gene-gene and gene-antioxidant interactions are warranted to confirm the real contribution of *MnSOD* Val-9Ala to cancer susceptibility.

Conflict of interest statement

None declared.

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